

Regional Training Center for Emergency Medical Technicians

Personal Skills Inventory

Name: _____

Practical Skills		Practiced	Mastered	Instructor
Body Substance Isolation (BSI)				
Scene Size-Up				
Initial Assessment	Medical (A.V.P.U.)			
	Trauma (A.V.P.U.)			
C.U.P.S. Status				
Trauma	Rapid Assessment			
	Focused History & Physical Exam			
	Detailed Physical Examination			
Medical Focused History & Physical Exam	Respiratory, Cardiac, Altered Mental Status, Allergic Reaction, Poisoning/Overdose, Environmental Emergency, Obstetrics, Behavioral			
Vital Signs	Pulse: Rate & Quality			
	Respiration: Rate & Quality			
	Blood Pressure	Auscultation		
		Palpation		
	Skin: Color, Temperature & Condition			
S.A.M.P.L.E.				
D.C.A.P.B.T.L.S.				
Ongoing Assessment				
Rescue Breathing / Foreign Body Airway Obstruction (FBAO) / CPR	Adult			
	Child			
	Infant			
Semi Automatic External Defibrillation	Assessment			
	Set Up			
	Transition			

Practical Skills			Practiced	Mastered	Instructor
Suctioning					
Oropharyngeal Airway					
Nasopharyngeal Airway					
O ₂ Regulator Assembly					
Delivery Devices	Nasal Cannula				
	Non-Rebreather Mask				
Bag Valve Mask					
Pocket Mask					
Spinal Immobilization	Cervical Collar				
	Long Board				
	Short Board				
	K.E.D.				
Bleeding Control & Shock Management	Direct Pressure / Elevation				
	Pressure Point / Tourniquet				
	Pressure Dressing & Bandage				
Military Antishock Trousers (MAST)	Assessment / Indications				
	Application / Reassessment				
	Contraindications / Special Conditions				
	Pelvic Fracture				
Fracture Management	Long Bone	Upper Extremity			
		Lower Extremity			
	Joint Injury	Upper Extremity			
		Lower Extremity			
Traction Splint	Femur Fracture				